



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DRILLS & SKILLS SUMMER SESSIONS



Basketball Personal Training

Focused training is the key to succeeding on the court. Our coaches will work with players to turn weaknesses into strengths, improve skills, and increase confidence. Choose from three options for monthly training. Small groups meet once a week, individuals meet 3 days per week.

Small Group Training (3 kids max): \$75 members, \$112.50 potential members

Individual Training: \$125 members, \$187.50 potential members

Small Group and Individual Training Combo: \$200 members, \$300 potential members

Ages 7 - 18

Contact: Brittany Starling at bstarling@ymcasumter.org

Session times and days are arranged with the trainers after registration.

   **SUMTER FAMILY YMCA** 510 Miller Road Sumter, SC 29150
803-773-1404 ymcasumter.org

Financial Assistance is available to those who qualify through our Open Doors Scholarship program.
Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.