



STRONGHEART

Please be sure to complete this form and turn it in to the member service desk.

Name: _____

Address: _____

Phone: _____

Email: _____

Cathy Mason, lead instructor, will contact you for an interview prior to being placed in a class session.

See flyers or contact member services for session dates and times.

I would like to attend (circle best option): Morning class Evening class

By signing below I understand that this application does not guarantee participation in the class and I agree to be contacted for an interview.

Participant Signature: _____

Date: _____