



A COMMUNITY TRADITION

Annual Turkey Trot 5K and Gobbler Dash

Start Thanksgiving off the right way with a run or walk. Bring your family, friends and your pets as we celebrate health and blessings for the 41st year!

Thanksgiving Day - November 23, 2023 @ 9:00 am

Register at the YMCA member service desk or on-line at <https://www.ymcasumter.org/register-online/>

Race Day Registration and Check-in begins at 8:00 am

Awards are done one hour after the race begins. Top three finishers per age group per gender, and top three overall.

Turkey Trot - Certified course, finish line & timing services by Strictly Running

Gobbler Dash - City trail for kids ages 6-9, supervised by staff

*T-shirts only guaranteed to those registered by Sunday, November 12, 2023.

Special Awards - Top 40 finishers, first stroller, first dog, youngest finisher, Stan Dubose Award for oldest finisher, and most festive costume/outfit.

RACE FEES	Early Registration* Oct 3 - Nov 21	Late Registration Nov 22 - 23
Turkey Trot	\$25	\$35
Gobbler Dash	\$20	\$30

SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150
803-773-1404 ymcasumter.org

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

TURKEY TROT REGISTRATION FORM

Rain or Shine Event (no refunds)

Please Print

Name: _____ **E-Mail Address:** _____
Last First M.I.

Address: _____
Number Street City State Zip

Phone: _____ **Gender:** M ___ F ___ **DOB:** ___/___/___ **Age on Race Day:** _____

Circle Appropriate Age Division for Turkey Trot:

6 - 9 10 - 14 15 - 19 20 - 24 25 - 29 30 - 34 35 - 39 40 - 44 45 - 49 50 - 54 55 - 59
60 - 64 65 - 69 70 & over

Free race t-shirt with registration

Circle Shirt Size: Deadline for guaranteed shirt order is **Sunday, November 12, 2023**

Turkey Trot: Adult - S M L XL XXL 3XL

Youth - S M L XL

Gobbler Dash: ages 6 - 9 (youth sizes only) Youth - S M L XL

Waiver: In consideration of my participation in the Sumter Family YMCA Turkey Trot, I hereby release and hold harmless the YMCA of Sumter, and their sponsors, affiliates agents, servants, employees, assigns, successors, and heirs or distributors and all officials concerned from any and all claims, actions, losses, damage, or expenses for personal or bodily injury (including death) and property loss or damage incurred by me arising out of or in conjunction with my participation in the Sumter Family YMCA Turkey Trot to be held November 23, 2023. I warrant that I am in good health, and have trained sufficiently for this event. I have read the foregoing and am of legal age to consent to this waiver for the event.

Signature (Parent/Guardian if under 18)

Date