



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

COOL WATER POOL

MARCH 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 am	Open for general use					Opens at 7:30 am	
6:00 am						Opens at 1:00 pm	
7:00 am						Open for general use	
8:00 am						Open for general use	
9:00 am						Open for general use	
10:00 am						Open for general use	
11:00 am						Open for general use	
12:00 pm						Open for general use	
1:00 pm						Open for general use	
2:00 pm						Open for general use	
3:00 pm	Open for general use						
4:00 pm	Sumter YMCA Flying Fish Swim Team Monday - Thursday 4-5 lanes; fluctuates with # of swimmers 4:00 - 6:30 pm					Closes at 4:00 pm	
5:00 pm						Closes at 7:00 pm	
6:00 pm						Closes at 8:00 pm	
7:00 pm							
8:00 pm							

General use
 Space reserved for program or class
 Closed

- Please plan time accordingly to be off the pool deck at scheduled time.
- Lanes are first come first serve shared space. (please communicate before entering shared lane)
- Schedule is subject to change due to additional activities and / or rentals. (see pool deck for add'l group swim times)
- Austin Francis - cool (79 - 81 degrees)

SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150
 803-773-1404 ymcasumter.org

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



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WARM WATER POOL

MARCH 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 am						Opens at 7:30 am		
6:00 am								
7:00 am	Open for general use							
8:00 am								
9:00 am						Opens at 1:00 pm		
10:00 am	Senior Workout 10:00 - 10:45 am Shallow end reserved Refer to the Group Exercise schedule	Senior Workout 10:00 - 10:45 am Shallow end reserved Refer to the Group Exercise schedule						
11:00 am								Open for general use
12:00 pm	Open for general use							
1:00 pm						Open for general use		
2:00 pm								
3:00 pm								
4:00 pm	Group Lessons M, Tu & Thu 4:30 - 7:00 pm 1/2 shallow end reserved			Group Lessons 4:30 - 7:00 pm 1/2 shallow end reserved		Closes at 4:00 pm		
5:00 pm								
6:00 pm						Closes at 7:00 pm		
7:00 pm								
8:00 pm	Closes at 8:00 pm							

General use
 Space reserved for program or class
 Closed

- Please plan time accordingly to be off the pool deck at scheduled time.
- Lanes are first come first serve shared space. (please communicate before entering shared lane)
- Schedule is subject to change due to additional activities and / or rentals. (see pool deck for add'l group swim times)
- Deck Pool - warm (87 - 89 degrees)

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