# **THANKS FOR GIVING**

We'd like to thank the following businesses, organizations and individuals for their contributions to the YMCA of Sumter. Because of your generosity, YMCA programming and events were made available to a greater number of people in our community.

#### Special Contributions - \$5,000+

Williams-Brice-Edwards Charitable Trust

Woodmen Life / SC WOW Youth Camps, Inc.

### Platinum Donors - \$2,500+

**Brant & Emily Bahnmuller** 

Gary and Judith Croskey

Gayle Booth

Sumter Business Network

### Chairman's Round Table - \$1,000+

Mary Kolb

Dr. & Mrs. Rodney Alan Charles & Lee Ann

Ryan & Missy Corrigan

Mr. & Mrs. Jeff Reed

Mr. & Mrs. Charles Fannie Georgia **Fienning** 

The Community Foundation of Middle Tennessee /

Mack & Ann Kolb

Mr. & Mrs. William

Mr. Robert Chase

Derek and Deanna Burress

Roy & Meg

Creech Mr. & Mrs. Cliff

Goodwin

Matrix/Johnson Health Tech

Mr. & Mrs. Milton Schwartz

Edward & Yvette

Mr. & Mrs. Terry Deaton Mr. & Mrs. Frank Edwards

Freddie Hatfield

Mr. James T. McCain

Betty-Routh Steele

Hodge

Mr. Hal Turner

Dwight Moore

Isaac & Melinda Carr

Garrett & Christeen

### **Event Sponsors**

**Deaton Family Foundation** 

#### Tee Up for A Cause **Golf Tournament**

Assured Partners, Auto Owners Insurance Bank of Clarendon Beech Creek Golf Course Carolina Filters, Inc. City of Sumter Chick-Fil-A **Community Broadcasters** 

Georgia Pacific Jones Chevrolet Moore Law Firm Piggly Wiggly Reliable Medical Equipment Roofco Safe Federal Credit Union

Tandem Health

#### **Turkey Trot**

Bank Of Clarendon TCO Construction A-Mobile Storage Morgan Construction Reliable Medical Equipment Scott Will Toyota Hill Plumbing & Electric Company Curtis & Croft, LLC Assured Partners, Auto Owners Insurance State Farm Insurance / Charles Bostic **Thompson Construction** 





#### SUMTER FAMILY YMCA

510 Miller Rd Sumter, SC 29150 803-773-1404

www.ymcasumter.org





232,158 **Facility Visits** 



### Dear Friends of the Y,

What an incredible year! 2023 was a year of progress and change as we continued to meet the needs of the community we are so fortunate to serve. For 111 years, the Sumter YMCA has been adapting to the changing needs, and this year was no different.

Our year began with the return of our Active Older Adult programs that had not been offered since before COVID-19. Arts and crafts, social activities, volunteer opportunities, movie days and Pickleball soon filled their calendars. We reconnected with our medical partners, obtained grant funding to relaunch several evidence-based community health programs, collaborated with local schools and groups, and partnered with state and local organizations to carry out youth and healthy living programs.

The leadership team invested in ten months of growth and development through Stakeholder Centered coaching, attended multiple YMCA networking and training events throughout the state, including General Assembly in Atlanta, and YMCA National Advocacy Days in Washington, DC. Several of our YMCA leaders were part of the planning committee for the first Regional Emerging Leaders Multicultural Experience hosted in Greenville.

Our facility and program areas saw a lot of updates: purchased 2 new mini buses for the youth department, completed corrosion repair in the aquatics pump room, replaced 6 A/C units in the lower gyms and youth center, upgraded computers and security system, installed a new pool deck heater, purchased a new water blob for Camp Mac Boykin and made various improvements to the cabins, updated pictures, signage and window coverings throughout the facility, hired several new full time positions to enhance safety and quality of services, and constructed a preschool area at the gymnastics center. We received a generous grant for additional facility improvements which you will see happening now and throughout the year.

We also launched a new app, YMCA 360, with live streaming as well as on demand classes and began the transition of going digital throughout our business practices. We hosted member and staff appreciation days throughout the year and recognized outstanding young leaders at our all-team meeting. Finally, we closed the year celebrating Patricia Anderson's retirement and 30 years of service with our Y.

The Sumter YMCA's Board of Directors engaged in the planning and development of our 2024 Strategic Plan and created an Organizational Roadmap that will quide our efforts in advancing our mission and cause.

There is no other nonprofit quite like the Y. We have the presence and partnerships

to bring people together and deliver lasting, meaningful change in our community. The accomplishments listed throughout this report are only possible with the passion and energy of our dedicated team, members, volunteers, and donors working together to ensure everyone has the opportunity to participate in our programs.

With gratitude,

Missy Corrigan, CEO YMCA of Sumter

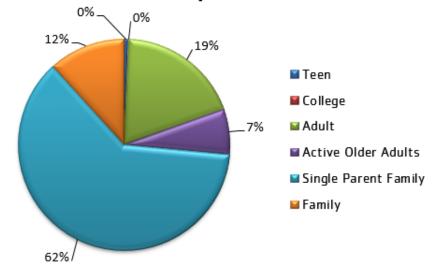


That they all may be one...as We are one: John 17:21

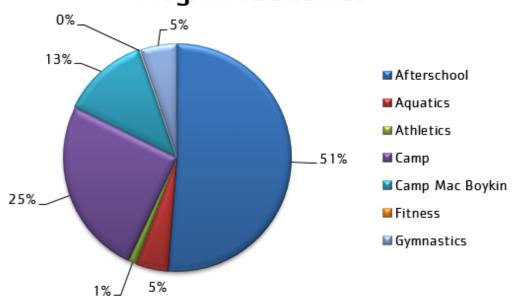
# THE Y. FOR A BETTER US.

The 2023 Annual Campaign raised \$69,788 to help provide financial assistance for 979 adults, families and their children. A total of **48,792.32** was provided in assistance throughout the year. Your continued generosity is making a difference for so many families in the Sumter community.

### Membership Assistance



### **Program Assistance**











# **SOCIAL RESPONSIBILITY**

The Jernigan's have been members of the YMCA of Sumter for just under 18 years. In the early 2000s, they were able to join the Y through our financial assistance program. Since March 2022, they have regularly attended Adult Gymnastics, cycle classes, personal training, boot camp and more to drop more than 160 pounds as a couple. They are grateful for the support of the YMCA and want to express their immense gratitude towards Jodi West and Nichole Bartrug for their continued support and words of encouragement.

The Jernigan's thank the YMCA for their financial assistance program, for which their journey to wellness was made possible.







## **HEALTHY LIVING**

Michael – A few years ago, he suffered a traumatic brain injury. Starting coming to the Y after he finished rehab. First memory of him was when he came to me and ask me to walk him through a squat because he had forgotten how to do one correctly since his injury. He said the Y has help him progress in his fitness journey and he was grateful to have a calm environment where he could take his time exercising since he struggles with balance.





Rosie and Albert – This couple just completed the StrongHeart Program. Albert just suffered a heart attack last year and we almost lost him. Rosie brought Albert to the Y so that he could learn how to take better care of his health. They foster disabled children and dream to have a fostering facility in the future.

# **Serving With and For Our Community**

- Continued support of United Ministries
- Partnered with America Red Cross to host monthly blood drives
- Hosted two high school students on our board of directors with the Economic Development Board Emerging Leaders program
- 80 participants in the second annual golf tournament with 16 sponsors
- Attended over 20 community outreach programs such as health fairs, career fairs, military appreciation day; led
  nutrition and exercise presentations and participated in radio discussions and shows, published newspaper and
  magazine articles
- Hosted Turkey Trot: record 675 participants, 13 in Gobbler Dash
- Relaunched physician referrals to enhance access for our community to health programs
- Awarded numerous grants totaling more than \$115K
- Recruited community volunteers and groups for Camp Mac Boykin clean up day, Turkey Trot and Healthy Kids'
   Day
- Awarded over \$53,000 in financial support specifically for youth programming through discounts scholarships and subsidies.

### **Healthy Living Highlights**

- 16 week Blood Pressure Self Monitoring Program delivered at North Hope Center
- Reintroduced Active Older Adult programming; providing monthly craft activities, movies, holiday gatherings, themed socials, volunteer opportunities and Pickleball.
- Reintroduced Commit To Be YFIT, STRONGHEART, and Live Well with Diabetes classes
- Engaged three interns for Health Sciences and Fitness majors
- SC Center for Rural and Primary Healthcare grant—2 year support and trainings to help strengthen our partnership with local healthcare community. Two staff trained for Community Health Detailing and five staff trained as Healthy Heart Ambassadors.
- AAAEBHI grant four staff completed prerequisite work for Enhanced Training
- One of three SC YMCAs selected for funding to relaunch and run HWYC for 5 years, 4 staff completed 1st of 5 certifications required to teach the program
- Hosted two 1.5 hour Zumbathons to raise money for the Annual Campaign
- Instructor Recruitment Program: Recruited & trained three class participants to become group exercise instructors.
- 448.5 personal training hours purchased
- 467 averaged monthly in group exercise

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## YOUTH DEVELOPMENT

While dad is deployed, Lindsey and her daughter London Snyder spend one to two hours in the pool, every day. The aquatics team has enjoyed watching London grow in confidence. She's gone from being scared in the shallow end, to being comfortable in 11ft wanting to be a Lifeguard when she grows up.



### Youth Development Highlights

Our youth programming continues to grow as we provide a safe environment for young people to create life-long experiences through the following activities:

- Total of 139 participants in Afterschool
- Served a monthly average of 454 children in Kidscape and 224 infants in Childwatch
- Served 292 kids in a variety of summer camps: Fun Factory, Teen Scene, Camp MacBoykin, Gymnastics, Aquatics, Basketball, YFIT Kids Nutrition
- Over 492 swimmers participated in swim lessons ages 6 months to 77 years young
- 110 children played Youth Basketball
- Swim Team 55 participants swam in 28 swim meets throughout the year with 1 attending Y Nationals
- Spring soccer had 63 participants
- Gymnastics hosted 26 competitive team members and 300 recreational gymnasts
- Y-Leaders Club has 11 participants
- Hosted 8 Kid's Night Out with 128 kids total
- Began basketball personal training program with 15 participants
- Received \$12,662 in summer feeding grant funds
- Hosted gymnastics Expo for parents and community

# **2023 FINANCIALS**

### **OPERATIONS**

BUDGET Revenue \$2,790,713

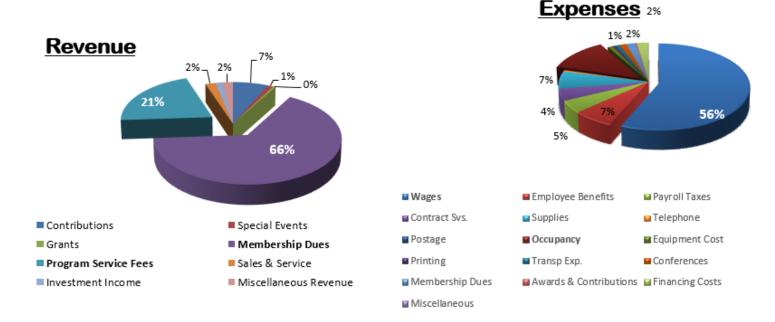
Expenses \$2,791,461

Net -\$748

ACTUAL Revenue \$3,122,110

Expenses \$3,002,676

Net \$119,434



 Reserve
 Capital and Maintenance
 \$1,260,124

 Restricted
 Kneece Endowment
 \$227,730

 Heritage Endowment
 \$108,279

 Total Restricted
 \$336,008

 Operating
 \$318,387

 Total Funds Balance
 \$1,914,519

### 5-Year Trends

