

# April - Active Adults Activities



Monday	Tuesday	Wednesday	Thursday	Friday
<b>March 31</b> <b>PickleBall</b> 1 - 3pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>1</b> <b>Bingo</b> 12:15 - 2pm  <b>PickleBall</b> 1 - 3pm	<b>2</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>3</b> <b>Lunch and Learn -</b>  Emily Lyles will discuss services provide within our community. 12:15 - 2pm  <b>PickleBall</b> 1 - 3pm	<b>4</b>
<b>7</b> <b>PickleBall</b> 1 - 3pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1-3pm	<b>8</b> <b>Trivia</b> 12:15 - 2pm  <b>PickleBall</b> 1 - 3pm	<b>9</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>10</b> <b>PickleBall</b> 1 - 3pm	<b>11</b> <b>Social Activity -</b> <b>Field trip to farmers market</b> 12:00 - 1:30 pm
<b>14</b> <b>PickleBall</b> 1 - 3pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1-3pm	<b>15</b> <b>Volunteer Opportunity</b> - Greeter at YMCA Membership Desk. Sign up for time slot.  <b>PickleBall</b> 1 - 3pm	<b>16</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>17</b> <b>Craft - Sip and Paint Brunch</b> <b>Pot Luck</b> 12:15 - 2pm (\$10.00)  <b>PickleBall</b> 1 - 3pm	<b>18</b>
<b>21</b> <b>PickleBall</b> 1 - 3pm (subject to change)  <b>Diamond Art/ Game of Choice</b> 1-3pm	<b>22</b> <b>Book Club</b> - 12:15 - 2pm  <b>PickleBall</b> 1 - 3pm	<b>23</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>24</b> <b>Movie - Six Triple Eight</b> 12:15 - 2pm  <b>PickleBall</b> 1 - 3pm	<b>25</b>
<b>28</b> <b>PickleBall</b> 1 - 3pm (subject to change)  <b>Diamond Art/ Game of Choice</b> 1-3pm	<b>29</b> <b>Puzzle Party</b> - Work on a puzzle together. Snack will be provided. 12:15 - 2:00 pm	<b>30</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm		

Register online or at the member service desk for activities.

Contact Cathy Mason: 803-774-2507 or [cmason@ymcasumter.org](mailto:cmason@ymcasumter.org)

**SUMTER FAMILY YMCA** 510 Miller Road Sumter, SC 29150 803-773-1404 [ymcasumter.org](http://ymcasumter.org)

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

**Bible Study** - Bible study is an important part of developing a deeper faith and understanding of God's word. Engage in a rewarding experience as it helps us to grow spiritually by engaging in meaningful conversations with others about the scriptures, gaining new perspectives, and learning valuable lessons.

**Crafts** - Learn how to make a variety of DIY crafts. No experience necessary.

**Diamond Art** - Similar to both cross-stitch and paint-by-number. Bring your own diamond art and join the diamond art group.

**Game Day** - A variety of games to choose from or bring one you would like to play.

**Lunch and Learn** - Bring your lunch and learn information about a variety of topics.

**Movie** - Join us the last Friday of the month for a faith based featured film.

**Pickleball**- is a paddle sport that combines elements of tennis, badminton, and ping-pong using a paddle and plastic ball with holes. It is a game that is appropriate for players of all ages and skill levels.

**Social Activity** - a variety of themed celebrations throughout the year

**Volunteer Opportunity** - Help us in welcoming our members to our YMCA by being a volunteer greeter.