

# February - Active Adults Activities



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>PickleBall</b> 1:00 - 3:00 pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>3</b> <b>Bingo</b> 12:15 - 1:15pm  <b>PickleBall</b> 1:00 - 3:00 pm	<b>4</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1 - 3pm  <b>Diamond Art/Game of Choice</b> 1 - 3pm	<b>5</b> <b>Lunch and Learn</b> 12:15 - 1:15pm  <b>PickleBall</b> 1:00 - 3:00 pm	<b>6</b> <b>Bowling at Gamecocks Lanes</b> (\$2.00 per game) includes shoes 1:00 - 3:00 pm
<b>9</b> <b>PickleBall</b> 1:00 - 3:00 pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>10</b> <b>Trivia - Valentine Theme</b> 12:15 - 1pm  <b>PickleBall</b> 1:00 - 3:00 pm	<b>11</b> <b>Bible Study</b> 10:00 - 11:00 am  <b>PickleBall</b> 1:00 - 3:00 pm  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>12</b> <b>Social Activity</b> Hearts through the years Valentine party. Bring a side dish. Bring a picture of a person or pet you love & share a story.  <b>PickleBall</b> 1:00 - 3:00 pm	<b>13</b> <b>Bowling at Gamecocks Lanes</b> (\$2.00 per game) includes shoes 1:00 - 3:00 pm
<b>16</b> <b>PickleBall</b> 1:00 - 3:00 pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>17</b> <b>Volunteer Opportunity -</b> Greeter at YMCA Membership Desk. Sign up for time slot.  <b>PickleBall</b> 1:00 - 3:00 pm	<b>18</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1:00 - 3:00 pm  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>19</b> <b>Craft Paint Brush Gnomb</b> 12:15 - 2pm (\$5.00)  <b>PickleBall</b> 1:00 - 3:00 pm	<b>20</b> <b>Bowling at Gamecocks Lanes</b> (\$2.00 per game) includes shoes 1:00 - 3:00 pm
<b>23</b> <b>PickleBall</b> 1:00 - 3:00 pm (subject to change)  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>24</b> <b>Book Club</b> 12:15-1pm  <b>PickleBall</b> 1:00 - 3:00 pm	<b>25</b> <b>Bible Study</b> 10 - 11am  <b>PickleBall</b> 1:00 - 3:00 pm  <b>Diamond Art/Game of Choice</b> 1:00 - 3:00 pm	<b>26</b> <b>Movie A Lifelong Love</b> (\$2.00) 12:15 - 2:00 pm  <b>PickleBall</b> 1:00 - 3:00 pm	<b>27</b> <b>Bowling at Gamecocks Lanes</b> (\$2.00 per game) includes shoes 1:00 - 3:00 pm

Contact Cathy Mason: 803-774-2507 or [cmason@ymcasumter.org](mailto:cmason@ymcasumter.org)

**SUMTER FAMILY YMCA** 510 Miller Road Sumter, SC 29150 803-773-1404 [ymcasumter.org](http://ymcasumter.org)

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

**Bible Study** - Bible study is an important part of developing a deeper faith and understanding of God's word. Engage in a rewarding experience as it helps us to grow spiritually by engaging in meaningful conversations with others about the scriptures, gaining new perspectives, and learning valuable lessons.

**Crafts** - Learn how to make a variety of DIY crafts. No experience necessary. Pre-registration is required to ensure we have enough supplies for all.

**Diamond Art** - Similar to both cross-stitch and paint-by-number. Bring your own diamond art and join the diamond art group.

**Game Day** - A variety of games to choose from or bring one you would like to play.

**Lunch and Learn** - Have lunch on us and learn information about a variety of topics.

**Movie** - Join us the last Thursday of the month for a faith based featured film.

**Pickleball** - a paddle sport that combines elements of tennis, badminton, and ping-pong using a paddle and plastic ball with holes. It is a game that is for players 20yrs and up and for all skill levels.

**Social Activity** - A variety of themed celebrations throughout the year.

**Volunteer Opportunity** - Help welcome our members to our YMCA by being a volunteer greeter.

**Bowling at Gamecock Lanes** - Come bowling with your YMCA friends. We will meet up at the bowling alley on Fridays for a couple hours of fun. Cost is \$2 per game and shoes are included.