

February - Active Adults Activities



Monday	Tuesday	Wednesday	Thursday	Friday
2 PickleBall 1:00 - 3:00 pm (subject to change) Diamond Art/Game of Choice 1:00 - 3:00 pm	3 Bingo 12:15 - 1:15pm PickleBall 1:00 - 3:00 pm	4 Bible Study 10 - 11am PickleBall 1 - 3pm Diamond Art/Game of Choice 1 - 3pm	5 Lunch and Learn 12:15 - 1:15pm PickleBall 1:00 - 3:00 pm	6 Bowling at Gamecocks Lanes (\$2.00 per game) includes shoes 1:00 - 3:00 pm
9 PickleBall 1:00 - 3:00 pm (subject to change) Diamond Art/Game of Choice 1:00 - 3:00 pm	10 Trivia - Valentine Theme 12:15 - 1pm PickleBall 1:00 - 3:00 pm	11 Bible Study 10:00 - 11:00 am PickleBall 1:00 - 3:00 pm Diamond Art/Game of Choice 1:00 - 3:00 pm	12 Social Activity Hearts through the years Valentine party. Bring a side dish. Bring a picture of a person or pet you love & share a story. PickleBall 1:00 - 3:00 pm	13 Bowling at Gamecocks Lanes (\$2.00 per game) includes shoes 1:00 - 3:00 pm
16 PickleBall 1:00 - 3:00 pm (subject to change) Diamond Art/Game of Choice 1:00 - 3:00 pm	17 Volunteer Opportunity - Greeter at YMCA Membership Desk. Sign up for time slot. PickleBall 1:00 - 3:00 pm	18 Bible Study 10 - 11am PickleBall 1:00 - 3:00 pm Diamond Art/Game of Choice 1:00 - 3:00 pm	19 Craft Paint Brush Gnomb 12:15 - 2pm (\$5.00) PickleBall 1:00 - 3:00 pm	20 Bowling at Gamecocks Lanes (\$2.00 per game) includes shoes 1:00 - 3:00 pm
23 PickleBall 1:00 - 3:00 pm (subject to change) Diamond Art/Game of Choice 1:00 - 3:00 pm	24 Book Club 12:15—1pm PickleBall 1:00 - 3:00 pm	25 Bible Study 10 - 11am PickleBall 1:00 - 3:00 pm Diamond Art/Game of Choice 1:00 - 3:00 pm	26 Movie A Lifelong Love (\$2.00) 12:15 - 2:00 pm PickleBall 1:00 - 3:00 pm	27 Bowling at Gamecocks Lanes (\$2.00 per game) includes shoes 1:00 - 3:00 pm

Contact Cathy Mason: 803-774-2507 or cmason@ymcasumter.org

SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150 803-773-1404 ymcasumter.org

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Bible Study - Bible study is an important part of developing a deeper faith and understanding of God's word. Engage in a rewarding experience as it helps us to grow spiritually by engaging in meaningful conversations with others about the scriptures, gaining new perspectives, and learning valuable lessons.

Crafts - Learn how to make a variety of DIY crafts. No experience necessary. Pre-registration is required to ensure we have enough supplies for all.

Diamond Art - Similar to both cross-stitch and paint-by-number. Bring your own diamond art and join the diamond art group.

Game Day - A variety of games to choose from or bring one you would like to play.

Lunch and Learn - Have lunch on us and learn information about a variety of topics.

Movie - Join us the last Thursday of the month for a faith based featured film.

Pickleball - a paddle sport that combines elements of tennis, badminton, and ping-pong using a paddle and plastic ball with holes. It is a game that is for players 20yrs and up and for all skill levels.

Social Activity - A variety of themed celebrations throughout the year.

Volunteer Opportunity - Help welcome our members to our YMCA by being a volunteer greeter.

Bowling at Gamecock Lanes - Come bowling with your YMCA friends. We will meet up at the bowling alley on Fridays for a couple hours of fun. Cost is \$2 per game and shoes are included.