



## DOG DAYS OF SUMMER August 2025

Sumter Family YMCA Newsletter



### CELEBRATE HIS LEGACY

We are honored to host a ceremony on Saturday, August 9 dedicating the lower gym court to Coach Bobby Baker. If you or anyone you know was coached or influenced by Coach Baker, join us as we celebrate his legacy!

#### MARK YOUR CALENDARS

Lower Gym dedication honoring  
**COACH BOBBY BAKER**

Saturday, August 9 @ 5:30 PM

Sumter Family YMCA – Lower Gymnasium  
510 Miller Road, Sumter, SC



Scan the QR to make a contribution to the  
Captial Campaign in Coach Baker's honor.

### EXTREME HEAT SAFETY

As temperatures rise this summer, we want to assure you that your child's health and safety remain our top priority.

#### What You Can Do

- Please dress your child in light, breathable clothing each day.
- Send a refillable water bottle labeled with your child's name.
- Let us know if your child has any medical conditions that may increase heat sensitivity.

Our program staff are here to make sure your child stays safe. If you have any questions or concerns, please contact a program directors or member of our leadership team.



CONNECTING PEOPLE TO LIFE-CHANGING OPPORTUNITIES

### Celebrate with us

#### Happy birthday to:

Alia B.	Jenni E.
Shalayia G.	Niaya S.
Lisa H.	Emma K.
Christine M.	Michael P.
Kelly S.	Kennedi S.
Jodi W.	William W.

#### Happy Work Anniversary to:

8 years	La'Tonya B.
4 years	Nichole B.
3 years	Roderick M.
2 years	Destiny W.
	Burgess M.
1 year	Jessica C.
	Jenni E.
	Alicia H.

#### Updates to our Age Guidelines

Please note that we have updated the age guidelines for the track, group exercise classes, weight room and fitness centers.

#### Stay connected with us

Instagram  
YMCA360 app  
YMCAof Sumter app  
[www.ymcasumter.org](http://www.ymcasumter.org)

# FOREVER IN OUR FOUNDATION

Be part of something permanent — and profoundly meaningful. Through our Forever in Our Foundation campaign, you have the unique opportunity to leave a lasting mark on our community by purchasing a personalized, engraved brick that will be installed at the entrance of our newly constructed senior center.



Secure your brick now, scan the QR

“Don’t let yesterday  
take up too much of  
today!”

WILL ROGERS

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## ON THE DOWNLOAD

Go beyond the walls of the Y with the YMCA360 app. This is included in your membership!

Access to:

- Livestream and on-demand classes taught by instructors from YMCAs around the country.
- 2,000+ pieces of content for the spirit, mind and body.
- Exercise classes, gymnastics, basketball and soccer videos, nutrition/cooking classes, personal training and more.
- Available through Roku, Fire Stick, Apple TV, Apple Store and Google Play



The YMCA of Sumter mobile app is available for quick access to your membership account and registrations.

Access to:

- Member log in / Barcodes for you and your family
- Manage your membership account
- Register for classes, programs and make reservations for Kidscape
- Join member challenges
- Receive push notifications



Download on Apple and android

- In your app store, search for “YMCA of Sumter”
- Look for the logo shown here and click to download
- Log in with the email address used in your YMCA membership.
- If you haven’t created a password for your account yet, it is required for use of this app

When logging in to either of these apps, please use the email address that is attached to your YMCA membership. Member services is available for assistance.

Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.