



ANYWHERE, ANYTIME

HEALTHY LIVING SUPERCHARGED BY YMCA360

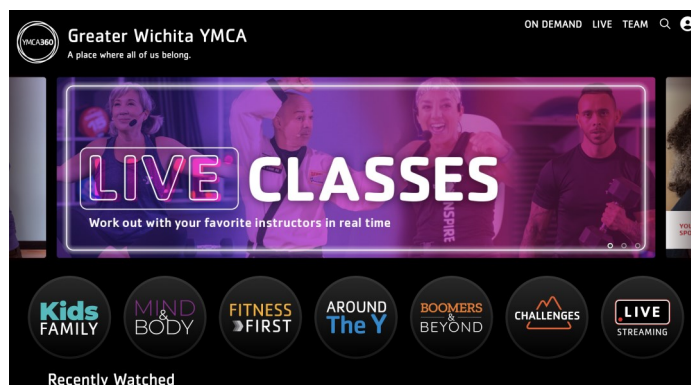


A 360-DEGREE SEAMLESS DIGITAL EXPERIENCE
FOR Y MEMBERS ON MOBILE, TV AND WEB

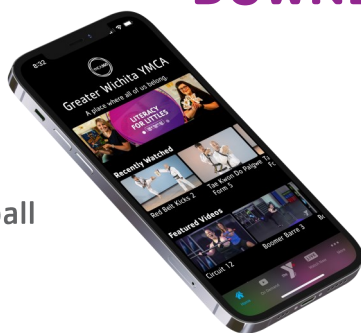
WHAT IS YMCA360?

YMCA360 is an added benefit of membership that allows you to customize your health and wellness journey at our state-of-the-art facilities or at any other place life takes you.

- A healthy living network for people of all ages and activity levels.
- Livestream and on-demand classes taught by instructors from around the country.
- 1000+ pieces of content for the mind, body and spirit.
- Exercise classes, gymnastics, basketball and soccer videos, nutrition/cooking classes, personal training and more.



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