



## 2026 COUNSELOR IN TRAINING APPLICATION

All applications are due by April 30, 2026. Please complete entire application. Application packet and letter of recommendation can be emailed to [chuggins@ymcasumter.com](mailto:chuggins@ymcasumter.com), or dropped off at the Sumter Family YMCA at 510 Miller Road in Sumter.

**Applicant's Full Name:** \_\_\_\_\_

The Counselor in Training (C.I.T.) program provides teens with training in using effective leadership skills throughout their lives and how to effectively lead children. CITs are provided with training, leadership, and mentors as they assist in day camp programs.

**Ages:** 14-16 years old      **Days/Times:** Monday - Friday 9:00 am – 4:00 pm

***CIT may ride the bus to and from camp daily.***

**Cost:** \$125 (members)/\$187.50 (non-members) per week

***Must commit to minimum four weeks***

### CIT PROGRAM PERKS

- Teens will be mentored by positive YMCA role models.
- Teens will be certified in First Aid and CPR.
- Teens develop and improve leadership skills to use throughout their life.
- Teens develop friendships with other teens that share their passion for working with children.
- Teens gain real world skills that they can use in future careers.
- Teens have fun serving as role models making an impact on the lives of younger children.
- Teens earn community service hours that will help with college applications, presidential awards, and more.

### ELIGIBILITY

- Applicants must be 14-16 years old.
- Applicants must complete and submit a CIT Program Application by April 30, 2026.
- Applicants must submit a letter of recommendation with application written by a reference such as a teacher, pastor, scout leader, or other non-relative.
- Both applicant and parent/guardian must be available and participate in an interview after application has been received.
- Applicants must have a strong desire to work with kids.

The CIT program is scheduled for four weeks throughout the summer to coincide with camper sessions. Please review the scheduled weeks below to ensure your ability to participate in the CIT program.

CIT weeks: June 8-12      June 15-19      June 22-26      June 29-July 3

The schedule may be adjusted to accommodate planned vacations. However, applicants must commit to a minimum of four weeks. Please note schedule changes must be approved by the director before CIT training begins.



## CIT APPLICANT INFORMATION

Name: \_\_\_\_\_ DOB: \_\_/\_\_/\_\_\_\_ Age: \_\_\_\_ Grade/Fall 26: \_\_\_\_

School: \_\_\_\_\_ Shirt Size: \_\_\_\_ (adult / child)

Home address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

One CIT shirt is provided with acceptance/registration. Additional CIT shirts can be purchased for \$12/shirt. Should you be accepted, do you wish to purchase any additional CIT shirts? If yes, how many? \_\_\_\_\_

## PARENT/GUARDIAN INFORMATION

Parent/Guardian's Legal Name: \_\_\_\_\_ DOB: \_\_ / \_\_ / \_\_\_\_

Email: \_\_\_\_\_ Cell Phone: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

## VOLUNTEER/WORK EXPERIENCE

Organization: \_\_\_\_\_ Position: \_\_\_\_\_ Dates: \_\_\_\_\_

Responsibilities: \_\_\_\_\_

Other volunteer experience:

**CERTIFICATIONS, CLUBS AND INTERESTS** Please list any certifications, training, special skills, groups, clubs, sports, or activities you have participated in.

**REFERENCES:** Please list two references other than a Parent/Guardian.

Reference Name	Phone Number	Relationship to CIT

I have attached my letter of recommendation to this application: \_\_\_\_Yes



## CIT PARTICIPANT QUESTIONNAIRE

Have you ever been a YMCA camper?    NO                    YES    *if yes, #of years:* \_\_\_\_\_

Camp(s) Attended: \_\_\_\_\_

What does "leadership" mean to you, and how do you think the CIT program will help you grow as a leader this summer?

What is one new skill or piece of knowledge you hope to walk away with that you didn't have before the summer began?

Of the 5 Core Values of the YMCA: Honesty, Caring, Respect, Responsibility, and Faith, which of them is the most important to you, and why?

Explain something you are really good at (a talent, skill or personality trait) and how you would use it to make camp fun or better for campers.

If a new camper felt shy or homesick on their first day, what is the first thing you would say or do to help them feel comfortable?

If selected, I understand that I will be attending the YMCA of Sumter's Camp Mac Boykin in Pinewood, SC.



## **PARTICIPANT AGREEMENT AND PARENT PERMISSION**

With your parent/guardian please review and sign the following agreement.

- I WILL always follow both YMCA and Camp policies and procedures.
- I WILL successfully complete and fully participate in the required training.
- I WILL be at camp on time every day during the CIT sessions I am scheduled for.
- I AM aware that as a leader, others are counting on my presence.
- I WILL at all times remember that being a CIT is a big responsibility and that I am attending camp not as a camper, but as a role model for younger children.
- I WILL always exhibit good character and responsibility and fully participate in all camp activities.
- I WILL NOT assume adult responsibilities. This means that I cannot:
  - Be left alone with children
  - Be counted as staff in ratios
  - Be on my own without staff supervision

**I have read and understand the agreement by which CIT candidates will be expected to abide by.**

### **Applicant**

**Printed Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### **Parent**

**Printed Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_