

March - Active Adults Activities



Monday	Tuesday	Wednesday	Thursday	Friday
2 Diamond Art/Game of Choice 1:00 - 3:00 pm	3 Diamond Art/Game of Choice 1:00 - 3:00 pm	4 Bible Study 10 - 11am Diamond Art/Game of Choice 1 - 3pm	5 Diamond Art/Game of Choice 1:00 - 3:00 pm	6 Bowling at Gamecocks Lanes (\$4.00 per hour) includes shoes 1:00 - 3:00 pm
9 Diamond Art/Game of Choice 1:00 - 3:00 pm	10 Diamond Art/Game of Choice 1:00 - 3:00 pm	11 Bible Study 10 - 11am Diamond Art/Game of Choice 1 - 3pm	12 Diamond Art/Game of Choice 1:00 - 3:00 pm	13 Bowling at Gamecocks Lanes (\$4.00 per hour) includes shoes 1:00 - 3:00 pm
16 Diamond Art/Game of Choice 1:00 - 3:00 pm	17 Diamond Art/Game of Choice 1:00 - 3:00 pm	18 Bible Study 10 - 11am Diamond Art/Game of Choice 1 - 3pm	19 Diamond Art/Game of Choice 1:00 - 3:00 pm	20 Bowling at Gamecocks Lanes (\$4.00 per hour) includes shoes 1:00 - 3:00 pm
23 Senior Center Grand Opening 11:30 - 2:00 pm	24 Diamond Art/Game of Choice 1:00 - 3:00 pm	25 Bible Study 10 - 11am Diamond Art/Game of Choice 1:00 - 3:00 pm	26 Diamond Art/Game of Choice 1:00 - 3:00 pm	27 Bowling at Gamecocks Lanes (\$4.00 per hour) includes shoes 1:00 - 3:00 pm
30 Diamond Art/Game of Choice 1:00 - 3:00 pm	31 Diamond Art/Game of Choice 1:00 - 3:00 pm			

Contact Cathy Mason: 803-774-2507 or cmason@ymcasumter.org

SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150 803-773-1404 ymcasumter.org

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Bible Study - Bible study is an important part of developing a deeper faith and understanding of God's word. Engage in a rewarding experience as it helps us to grow spiritually by engaging in meaningful conversations with others about the scriptures, gaining new perspectives, and learning valuable lessons.

Crafts - Learn how to make a variety of DIY crafts. No experience necessary.

Diamond Art - Similar to both cross-stitch and paint-by-number. Bring your own diamond art and join the diamond art group.

Game of Choice - A variety of games to choose from or bring one you would like to play.

Bowling at Gamecock Lanes - Come bowling with your YMCA friends. We will meet up at the bowling alley on Fridays for a couple hours of fun. Cost is \$4 per hour and shoes are included.