



Austin Francis Cool Lap Pool

March 2026

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LANES		1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
5:30 AM							
6:00 AM			Masters 3 lanes 6:00 - 7:30 am		Masters 3 lanes 6:00 - 7:30 am		
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM		Swim Team 5 lanes 4:00 - 6:30 pm	Swim Team 5 lanes 4:00 - 6:30 pm	Swim Team 5 lanes 4:00 - 6:30 pm	Swim Team 5 lanes 4:00 - 6:30 pm		
6:00 PM							
7:00 PM							
8:00 PM							



Open swim time

Please plan to be off the pool deck at scheduled closing time.

Lanes are first come first serve shared space. (please communicate before entering shared lane)

Schedule is subject to change due to additional activities and / or rentals. (see pool deck for add'l group swim times)

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Sumter Family YMCA
510 Miller Road
Sumter, SC 20150
803-773-1404
www.ymcasumter.org



Warm Water Deck Pool

March 2026

Times	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY				
	Lane	Shallow	Lap	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow			
5:30 AM	Open swim time		Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon			
6:00 AM																	
7:00 AM																	
8:00 AM																	
9:00 AM	Open swim time		Aquacize icon	Aquacize icon	Lessons icon	Lessons icon	Aquacize icon	Aquacize icon	Swim icon	Aquacize icon	Aquacize icon	Aquacize icon	Swim icon	Swim icon			
10:00 AM															Aquacize 10:15 - 11:00 am	Lessons 10:00-11:00 am	Aquacize 10:15 - 11:00 am
11:00 AM			Open swim time		Swim icon	Swim icon	Swim icon	Swim icon		Swim icon	Swim icon	Swim icon	Swim icon		Swim icon	Swim icon	Swim icon
12:00 PM																	
1:00 PM																	
2:00 PM																	
3:00 PM	Open swim time		Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon	Swim icon			
4:00 PM															Swim Lessons 1/2 shallow 4:00 - 7:30 pm	Swim Lessons 1/2 shallow 4:00 - 7:30 pm	Swim Lessons 1/2 shallow 4:00 - 7:30 pm
5:00 PM			Open swim time		Swim icon	Swim icon	Swim icon	Swim icon		Swim icon	Swim icon	Swim icon	Swim icon		Swim icon	Swim icon	Swim icon
6:00 PM																	
7:00 PM																	
8:00 PM																	



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