









Austin Francis Cool Lap Pool

June 2026

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LANES		1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
5:30 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM			Swim Team 2 lanes 9:30 - 11:30am		Swim Team 2 lanes 9:30 - 11:30am		
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM		Swim Team 5 lanes 4:00 - 6:30 pm	Swim Team 5 lanes 4:30 - 6:30 pm	Swim Team 5 lanes 4:00 - 6:30 pm	Swim Team 5 lanes 4:30 - 6:30 pm		
6:00 PM							
7:00 PM							
8:00 PM							



Open swim time

Please plan to be off the pool deck at scheduled closing time.

Lanes are first come first serve shared space. (please communicate before entering shared lane)

Schedule is subject to change due to additional activities and / or rentals. (see pool deck for add'l group swim times)








































Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Sumter Family YMCA
510 Miller Road
Sumter, SC 20150
803-773-1404
www.ymcasumter.org



Warm Water Deck Pool

June 2026

Times	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Lane	Shallow	Lap	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow	Lane	Shallow
5:30 AM	No lessons April 6 - 9 Spring Break													
6:00 AM														
7:00 AM														
8:00 AM														
9:00 AM	No lessons April 6 - 9 Spring Break		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am	
10:00 AM			Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am	
11:00 AM			Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am	
12:00 PM			Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am		Aquacize 10:15 - 11:00 am	
1:00 PM														
2:00 PM														
3:00 PM														
4:00 PM	No lessons April 6 - 9 Spring Break		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		No lessons April 6 - 9 Spring Break	
5:00 PM			Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm			
6:00 PM			Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm			
7:00 PM			Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm			
8:00 PM	No lessons April 6 - 9 Spring Break		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		Swim Lessons 1/2 shallow 4:00-7:45 pm Full shallow 5:00 - 6:15 pm		No lessons April 6 - 9 Spring Break	



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