



JUNE AND JULY, at the Y!

NEW!! - Parent's Summer Out Half Day Camp for children ages 1 - 5

Monday - Friday June 1 - July 24

9:00 am - 1:00 pm

Looking for a fun, safe, and engaging summer experience for your little one? This half day camp blends fun activities, play, learning, and social interaction in a caring environment! Breakfast and lunch are included for all campers! Spaces are limited and expected to fill quickly! Register today and give your child a summer filled with fun, friendships, and growth.

Weekly Rates: \$125.00 Y members, \$187.50 potential members

Registration is open online and available in-house in the youth center.

ARTHRITIS AND FALLS PREVENTION SERIES

Mondays, Wednesdays, Fridays 1:15 - 2:15 pm

Three styles of classes will be offered to members with balance or joint issues. These classes include Chair Yoga, Groovin' Steps, and Strong & Sturdy. There is no cost to YMCA members. No registration required, just show up and enjoy!

SUP - SUMMER UNLIMITED PASS @ GYMNASTICS

June and July

Looking for a flexible way to keep your children active this summer? "SUP" allows for registrants to attend class up to twice a week, plus one Fun Friday per session. Participants will be divided among our coaches based on age and current skill level.

Ages 3 - 12

Monthly cost: \$70 Y members, \$105 potential members

Register at gymnastics or the membership desk.

SUMMER SPRINT SESSIONS

June and July

Swim lessons this summer run Monday–Thursday for all ages. Whether you're new to the water, building confidence, or ready for stroke refinement, the Y has a class that meets you where you are. Registration is open online and in-house.

Ages: 6 months - adults

Weekly sessions: June 1 - July 24

Cost: \$40 Y members, \$60 potential members

Celebrate with us

Happy birthday to you!

Katherine D.

Jimmy K.

Sam M.

Olga P.

Rebekah D.

Faris M.

June N.

Matt W.

Welcome to the team!

Trevorjay A.

Justin B.

Phoebe H.

Taylor J.

Alyssa P.

Annabella S.

Lovon S.

Jaylyn A.

Taila C.

Lars H.

Ivy K.

Damien S.

Nene S.

Jazmin W.



We are closed July 4th.

Explore and share

Facebook

Instagram

YMCA360 app

YMCAof Sumter app

www.ymcasumter.org

Contact us

803-773-1404

info@ymcasumter.org

CONNECTING PEOPLE TO LIFE-CHANGING OPPORTUNITIES

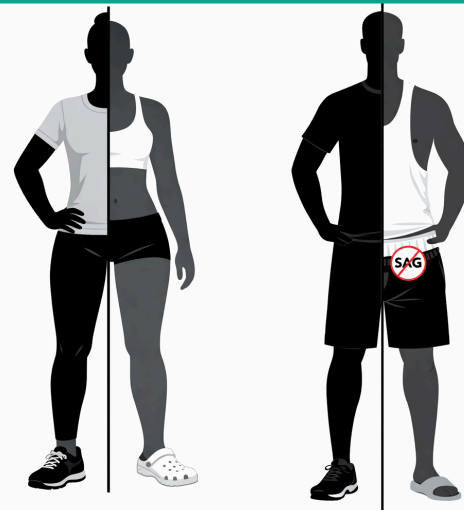
SUMMER REMINDERS

As the summer months bring warmer weather and lighter clothing choices, we want to remind everyone of our workout attire guidelines, which support safety, hygiene, and respect in every fitness space. Proper athletic clothing helps protect equipment, prevents injuries, and ensures all members can enjoy their workout with confidence. We appreciate your partnership in upholding these standards and helping us create a positive, inclusive community for all.

Appropriate attire must be worn at all times.

- Shirts must be worn at all times and cover your torso.
- Closed-toed and closed-heel athletic shoes are required. No Crocs, flip-flops, sandals, or slides.
- Shorts and pants must cover the buttocks while engaged in workout, and not be see-through. No excessively short shorts.
- Attire should be worn in a manner which does not expose undergarments or personal/private areas through all ranges of motion.
- No clothing or tattoos with vulgar language, obscene gestures, racial slurs or anything that contributes to a hostile environment.

“Nothing is impossible. The word itself says I’m possible!”



Images do not depict all possible dress code options or violations.

CAMERAS READY AT HEALTH SERVICES

The Health Services locker rooms have been updated with Brivo facial recognition for improved security. This includes the entry from the main hallway and from the pool deck.

What You Need to Do

- Visit the front desk
- Have a quick photo
- Follow instructions from staff for enrollment

Privacy Notice

- ✓ Uses a single photo for entry verification
- ✓ Non-tracking software
- ✓ No deep fake or AI surveillance



AFTERSCHOOL REGISTRATION IS OPEN

The Sumter Family YMCA’s Afterschool Program provides a safe, engaging place for children to learn, play, and grow each afternoon. Students receive homework support, a healthy snack, and plenty of time for creative activities and active play. Weekly rates start at an affordable cost, with financial assistance available to ensure every family has access to quality care. Space fills quickly each year, so now is the perfect time to secure your child’s spot. Register today and give your child an afternoon experience that builds confidence, friendships, and fun.

Monthly cost: \$275 Y members, \$412.50 potential members
We offer sibling discounts and scholarships for this program



Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.