



WELCOME TO THE Y

Where Everyone Belongs



Membership Handbook
Sumter Family YMCA
510 Miller Road, Sumter
803-773-1404
www.ymcasumter.org

This handbook is a reference for you as you find your way in our Y community. We want you to feel welcome at our Y and will do our best to provide you a safe facility as well as the guidance you need along the way.

Who We Are

For nearly 130 years there's been a YMCA in the Sumter community. In the early years, members met together on Sunday afternoons and conducted religious services on the upper floor of Armory Hall above the present day Powell's on Main. Laymen conducted prayer meetings, and the ministers of the town encouraged them by their presence and council. Today, The YMCA of Sumter still embodies that spirit of practicing Christian principles in all programs that we offer to the Sumter community. Who is the YMCA of Sumter? It's a group of people, members, volunteers, and employees who care about Sumter's families and do everything they can to help the community live, grow, and thrive.

In the 1960s, the YMCA in Sumter needed a new facility due to the increase in participation and diverse community needs. It was in 1963 that the Board of Directors acquired 13 acres between Willow Drive and what is now Miller Road for the new building. The new YMCA opened on December 15, 1965, with 750 members. On October 6, 1966, it was renamed the "Sumter Family YMCA". By June 1969, plans were made to add a gymnasium, running track, racquetball courts, and fitness centers. New York Yankees Second basemen and Sumter native, Bobby Richardson, and friend, Mickey Mantle, helped raise \$300,000 for these expansions.

In February 1985, the Sumter Family YMCA launched the "New Horizon" campaign to raise \$400,000 for paying off debt on the new additions and expanding the facility. By 1990, membership was exceeding 3,000 individuals so the YMCA took action and planned the "Shaping the Future" Building Program, raising \$1.5 million for new and renovated facilities including and Aerobics center, expanded weight room, upgraded Men and Women's Fitness Centers, expanded parking space, and new administrative office spaces. In 1995, The Long Range Planning Committee recognized the need for youth-focused facilities, the YMCA raised \$1.4 million to build the Meddie Mitchell Barwick Youth Enrichment Center, creating a place for children to come and interact in a safe environment. The latest addition, funded by a \$300,000 Kresge Foundation Challenge Grant and a matching donation, enabled the completion of an Aqua-Therapy pool, making this the largest gift ever given to our YMCA.

The Y has a rich history in Sumter, and it is still growing. We are grateful for our members, board, team, and volunteers for their contribution to our mission.

Our Mission

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Our Vision

To impact life successes of all individuals, strengthen family bonds, develop youth, promote healthy living, and foster a strong sense of belonging and community connectivity through social responsibility.

Our Cause

The Y is a powerful association of men, women and children of all ages, and from all walks of life, joined together by a shared passion: to strengthen the foundations of community.

Everybody belongs at the YMCA

YMCA members experience a sense of belonging, achievement, and friendship that's hard to find anywhere else. Good habits become enjoyable routines and workout friends become family. The Y brings people closer together through programs for the whole family. When you join the Y, you'll gain access to hundreds of programs at a special member rate. Membership is open to the entire community—regardless of age, income, or fitness level. Whether you're an adult, student, an active senior, or a family with or without kids, we have a membership type for you!

About Us and Our Facilities

Facility Hours

Monday – Thursday: 4:00 am – 9:00 pm

Friday: 4:00 am – 8:00 pm

Saturday: 6:30 am – 5:00 pm

Sunday: 1:00 pm – 5:00 pm

Kidscape and Nusery Hours

Monday – Friday: 8:00 am – 1:30 pm and 4:00 pm – 7:30 pm

Saturday: 8:00 am – 11:00 am

Sunday: closed

Pool closes one hour prior to facility closing. Basketball gyms close 15 minutes prior to facility closing
Holidays: The Y has adjusted hours the following holidays: New Year's Day, Easter, Memorial Day, July 4th, Labor Day, Thanksgiving, Christmas Eve, Christmas Day, and New Year's Eve.

Membership Categories

- Teen
- Young Adult / Young Adult Health Service
- Adult / Adult Health Services
- Adult Couple / Adult Couple Health Services
- Family / Family Health Services
- Single Parent Family / Single Parent Family Health Services
- Senior / Senior Health Services
- Senior Couple / Senior Couple Health Services

Our Facilities

Indoor warm water therapy pool, cool water lap pool, outdoor splash pad, ChildWatch, Kidscape, two gymnasiums, locker rooms, private health service with sauna, steam & whirlpool, cycling studio, group exercise room, MX4 small group exercise classes, weight room, fitness center, and indoor walking track.

There are three additional sites used for YMCA programming:

- YMCA Gymnastics Center – 220 Pine Street, Sumter
- YMCA Senior Center – 510 Miller Road, Sumter (behind the main Y)
- Camp Mac Boykin – 6425 Camp Mac Boykin Road, Pinewood

Payment Information

There are no contracts at the YMCA! For your convenience, we offer an automatic monthly bank draft or credit card payment option. In addition, memberships may be paid on an annual basis with cash, check, bank draft or credit card. There is a 3% service fee for all credit card transactions.

Financial Assistance

Our Y promotes an 'Open Doors' program that offers financial assistance to those who could otherwise not afford our programs and services. We count on the generous support of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. Simply pick up an Open Doors application in person or download and print from our website, complete as instructed and drop off at our front service desk for our review. We strive to serve all who apply and qualify.

Corporate Wellness Plans

Healthy living not only benefits an individual, but also the organization of which the person is employed. Our Y is committed to promoting healthy living by providing comprehensive wellness programs that assist local companies to improve the health and well being of their employees. Contact us to learn more and ask how you or your company can get involved.

Quick Facts

- A family consists of married couple and legal dependents. Family members with different last names or over 19 years old can be included only with proof of dependency.
- The YMCA is a membership-based organization. Guests are welcome when accompanied by a member and in accordance with our Guest Policy.
- Membership and join fees are non-refundable.
- YMCA access barcodes are digital. These may be saved to your phone's wallet or accessed through our apps.

Warriors to Wellness

At the Sumter Family YMCA, we recognize that military families need a place to be healthy, find support and belong. Warriors to Wellness is a program designed to support military personnel and their families; to help make life easier by offering reduced cost or free programs and services.

Changes to Your Membership

Change is inevitable, and we understand this includes your membership. Thankfully our member engagement team is here to assist you with many adjustments with a 30-day notice, and sometimes less. Some adjustments may be subject to an additional fee to accommodate the changes.

Upgrading or Downgrading: Switching to a higher or lower tier of membership based on your needs.

Change of billing method: Update a soon to expire credit card or change to a different method.

Cancellation Requests: Cancel your membership via email or request online.

Reinstating at the Y: Reinstate your membership within 90-days of cancelling and do not repay the join fee.

Membership Cards and Photo IDs

Both membership barcodes and photo IDs are vital for maintaining security, ensuring proper access, and providing a seamless experience for members. All members, ages 12 and up, receive a membership barcode. Members, 11 years and under, must be accompanied by a parent or legal guardian with a membership barcode. Membership barcodes are not transferable and may only be used by the individual assigned to that barcode. Loaning your membership barcode to someone else is grounds for loss of YMCA access and privileges.

We require all members to have their photo captured at member services to store in our system. Having updated pictures in our software ensures those entering our facility belong and assists the YMCA team members with identifying individuals by name and face. Our Health Services locker rooms access is also controlled by facial recognition. Updated pictures are required for continued access.

Returned Payment Policy

All returned payments (checks, EFTs, debit cards, and credit cards) will result in a \$25 returned payment fee.

Nationwide Membership

Nationwide Membership, an effort supported by hundreds of Ys, is a key piece of an overall strategy to elevate membership and deepen the impact of the Y cause. This practice aligns with the inclusive values of the Y and helps advance our cause of strengthening community. Before you travel, be sure to contact the Y in the town you will be visiting to see if your membership is accepted.



**ALWAYS
WELCOME
IN EVERY
COMMUNITY**

Member Code of Conduct and Consequences

The YMCA reserves the right to terminate memberships due to misconduct, inappropriate actions or failure to abide by rules and policies. Refunds for membership or programs will not be issued in cases of dismissal or termination. The YMCA of Sumter will not knowingly accept or maintain a membership, allow participation in program, permit volunteerism or guest visits, or allow attendance at any Y activity at any affiliated site of the YMCA of Sumter for anyone who is on the national sex offender's registry.

Code of Conduct

- Respect your YMCA facilities, programs, staff and fellow members.
- Profane language, harassment and violence are strictly prohibited.
- Abide by rules, policies and guidelines posted in each area of the facility.
- Dress appropriate to the activity in which you are participating. Shirts are required in all areas.
- Tobacco, alcohol, illegal substances or weapons – including concealed weapons, are not allowed on YMCA property or during YMCA programs.
- Children ages 11 and under may not be left unsupervised at the facility. They must be signed into Kidscape unless they are actively involved in a YMCA program and a parent must be on the premises.
- Registered sex offenders are not eligible for membership or program participation and are not allowed on Y property or within premises of Y activities.
- Respect the privacy of others by only taking photos/videos of your family members or consenting adults. Cameras are prohibited in locker rooms.

Any violation of the above referenced acts will be subject to sanctions including, but not limited to:

- Removal from the YMCA facility
- Suspension of up to one year from the facility
- Suspension of up to one year from participating or attending in any and all YMCA sponsored programs and functions
- Termination of membership privileges or employment with the YMCA

Consequences Guidelines

1st offense – revoked membership access for two weeks

2nd offense – revoked membership six months (hold dues if it is an individual membership)

3rd offense – revoked membership for one year (cancel if it's an individual membership)

In cases of disrespect, violence, or misconduct, the member may have permissions revoked for periods lasting longer than one year.

Dress Code

- Appropriate attire must be worn at all times.
- Shirts must be worn at all times and cover your torso.
- Closed-toed and closed-heel athletic shoes are required. No Crocs, flip-flops, sandals, or slides.
- Shorts and pants must cover the buttocks and not be see-through. No excessively short shorts.
- Attire should be worn in a manner which does not expose undergarments or personal/private areas through all ranges of motion.
- No clothing or tattoos with vulgar language, obscene gestures, racial slurs, or anything that contributes to a hostile environment.

Guest Policy

Non-Member Guest Visits

The following is protocol on acceptance for all guests visiting the YMCA. All guests 18+ must have a state ID or driver's license in order to enter.

- Guests of Y Members: Adult Y members (18 & up) may bring one guest per visit.
 1. Each guest receives one free visit
 2. Additional visits are \$10 per visit.
- Guests not with a member: We offer different options. Please contact member services for assistance.

YMCA Member Visits

- We are a proud member of the YMCA Nationwide Membership program. These members are entitled to visit our facility at no cost. Staff will verify that this membership is active in the Nationwide database. If needed, staff can call their home branch to verify membership. Members of other YMCA's may register for programs at the potential member rate.
- If the member's home Y does not participate in Nationwide, they are able to visit 5 times per month as our guest, and are not able to sign in guests.
- Guests of Nationwide members – Since they are guests of another facility, they are not permitted to sign in guests. Nor are they able to access the Health Services locker rooms

Volunteers

Our volunteers make a difference in Sumter. When they work with us and our members, they are taking an active role in changing this community. Whether it be helping with tutoring or a special event... our volunteers make the Y what it is today... a place to learn, grow, and thrive.

Tobacco and Drug Free Campus

The use of tobacco products, vaping, alcohol, and/or illegal drugs is strictly prohibited on any of our YMCA campuses. This includes Camp Mac Boykin and the YMCA gymnastics facility.

Sex Offender Policy

The YMCA of Sumter will not knowingly accept or maintain a membership, allow participation in programs or as guests, permit volunteerism or allow attendance at any Y activity at any affiliated site of the YMCA of Sumter for anyone listed on the national sex offender's registry, or has pending charges for a sex crime.

Lost and Found

If you lose something on site, promptly check with team members to see if the item has been found. We hold items found within the facility in Lost and Found for 30-days and unclaimed items are donated to charity. Remember, the YMCA is not responsible for lost or stolen items.

Decorum

- Please abide by our age guidelines listed in this handbook and in the facility.
- Any personal training or private instruction must be done so with a YMCA employee.
- Please observe the 30-minute time limit on cardio equipment when others are waiting.
- Please use headphones for any sound. No loud music or speaker-phone conversations.

GENERAL AGE GUIDELINES

0 - 11

Youth must be participating in a Y program or directly supervised by a parent/guardian.

12+

Teen may be on Y premises unsupervised with access to specific areas

Health and Fitness: Weight Room, Fitness Center, and Group Exercise

0 - 9

Not permitted to be in these areas

10 - 13

May use strength equipment, cardio machines and participate in class so long as they reach the height requirements and are supervised by a parent/guardian

14+

May use all equipment and participate in class so long as they reach the height requirements.

Health and Fitness: MX4 Studio

0 - 9

Not permitted

10 - 13

May participate in class provided they are supervised by a parent/guardian

14+

May participate in class

18+

May use room for independent exercise

Aquatics Area

Non-swimmers 52" and under must have a guardian (16+) in the water within arms reach at all times

11 and under

Must have a guardian (16+) in the pool area at all times

12+

May use the swimming pools without guardian supervision

Indoor Track

13 and under

are permitted with proper use and a parent/guardian alongside the child; no walkers or strollers on track

14+

are allowed with proper use

Basketball Gyms

11 and under

may use the courts with parent/guardian supervision

12+

are allowed with proper use

YMCA360

This app is available to active members of the Y only. Have classes on demand, live streaming, branch notifications and more available on your mobile device or tv.

